

Caring for the Caregiver

Caregiver Support Referral Form

Please review program description, target population (back of form). If you have any questions, contact the Care Coordinator at

604-531-9400 ext. 219 or nisa.moman@brellasociety.ca

Referrer Information/Physician Office:
Stamp or Name, Phone/Fax Number, Email

Patient Information:
Name, Contact Information

Referral date:

Please check off and provide details about the categories the patient would like to be connected with.

One-to-one emotional support

Help navigating the health care system

Support Groups

Referrals to community resources

Respite care services

Comments:

Check box if individual has been informed of referral

Physician/Referrer Signature _____

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Fax referral to: 1-855-510-5701
or email to nisa.moman@brellasociety.ca

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The **Caring for the Caregiver** program's goal is to provide support to caregivers experiencing burnout. Through these services we aim to enhance the lives of caregivers by

Target population:

Caregivers living in South Surrey/White Rock who are/may be

- Social Isolation
- Burnout
- Marginalization
- Making frequent appointments for primary care
- Visiting local hospital emergency room seeking attention and support

Services may include:

- **One-to-one emotional support**
 - Scheduled weekly or bi-weekly calls or visits with caregivers to provide them with support.
- **Help navigating the health care system**
 - Assisting caregivers having a difficult time navigating the health care system.
- **Access to support groups**
 - The Caregiver Support Group is beneficial to caregivers in all stages of their caregiving journey. This group focuses on providing education, support, camaraderie and relaxation.
- **Referrals to other community resources**
 - Helping caregivers identify available community resources they can benefit from and connecting them with those services and supports.
- **Respite care services**
 - Giving caregivers a well deserved break while ensuring that their loved one is taken care of.

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